



Positive Action for Refugees and Asylum Seekers

PAFRAS works with asylum seekers, refugees and local communities in Leeds and the surrounding area.

PAFRAS is a not-for-profit organisation established in response to the policies of the UK government that force refused asylum seekers into destitution.

PAFRAS promotes social justice through direct assistance, individual casework, mental health support, research and campaigning. Working directly and in a spirit of solidarity with asylum seekers and refugees, we have consistently adapted our project in response to their needs.

PAFRAS runs a twice weekly drop-in for asylum seekers and refugees at St Aidan's Community Hall in Harehills, Leeds (see over for details).

PAFRAS's Aims are to

- reduce the effects of destitution and poverty,
- improve physical health and mental wellbeing,
- support access to mainstream services,
- raise awareness of the problem of destitution amongst local communities.

A background image showing a group of people sitting around tables in a community hall, engaged in conversation. The image is slightly faded and serves as a backdrop for the contact information.

Positive Action For Refugees and Asylum Seekers
Company No. 5751987 • Registered Charity No. 1120950



PAFRAS

what can you expect at the drop-in?

- a warm welcome
- a hot meal and something to drink
- help finding a solicitor, GP and/or dentist
- access to counselling and group therapy sessions and complementary therapies
- referral and signposting to services and help where possible to meet your support needs

We also have limited numbers of food vouchers and small amounts of hardship money which are distributed as fairly as possible, on the basis of need.

when and where is it?

Tuesdays & Thursdays

10:00 am to 12:30 pm

St. Aidan's Community Hall

Elford Place West

Harehills

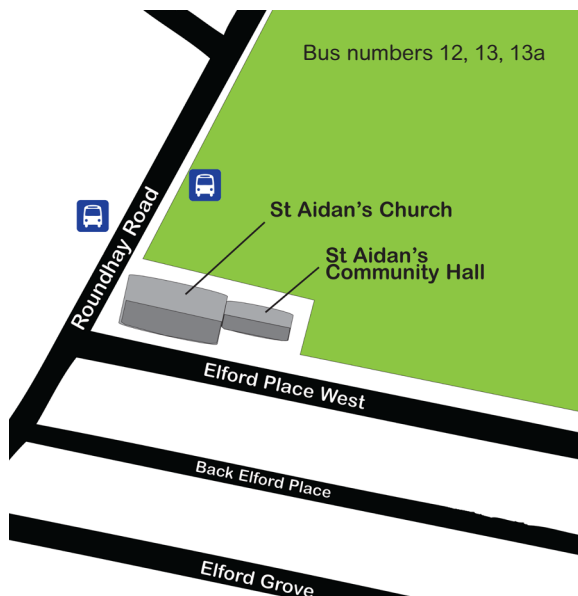
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